

# FLOOR EXERCISE ~ Chapter 1 ~ Requirements

## II. SPECIAL REQUIREMENT CLARIFICATIONS

### A. General

1. Apply to All Divisions
  - a. SR credit will be awarded for Cross and Side split leaps or jumps that are within 20° **of the angle requirement. A deduction of "up o 0.20"** for insufficient split will be applied.
  - b. A dive roll does not fulfill a flight requirement since it ultimately has support on the shoulders and back.
  - c. Unallowable skills receive a deduction of 0.50 each and do not receive VP or SR credit.
2. Apply to Bronze Division
  - a. Round-off rebound – backward roll is an acro connection. This is the ONLY rebound-type series allowed to fulfill SR.
  - b. Maximum of 2 acro flight skills in the routine.
  - c. Straddle jump (60°-180° or more) = "A" VP
  - d. Side leap (60°-180° or more) = "A" VP
3. Apply to Silver Division
  - a. Round-off rebound – backward roll is an acro connection. This is the ONLY rebound-type series allowed to fulfill SR.
  - b. Maximum of one salto or aerial in the routine.

B. Examples: These are a few examples of elements that do and do NOT fulfill Special Requirement.

### EXAMPLES FOR BRONZE FLOOR

Fulfills SR #1 & #2 1. Min. 2 directly connected acro skills with or without flight & 2. A 2 <sup>nd</sup> pass with one acro skill with or without flight	Does NOT fulfill SR #1 &/Or #2
1 <sup>st</sup> Pass - Round-off, rebound, backward roll 2 <sup>nd</sup> Pass - Round-off	1 <sup>st</sup> Pass - Round-off, flic-flac 2 <sup>nd</sup> Pass - Front handspring <i>Only 2 flight skills in a routine-fhs does not count for VP or SR and receives 0.50 ded. for unallowable element.</i>
1 <sup>st</sup> Pass - Handstand forward roll step out, cartwheel 2 <sup>nd</sup> Pass - Cartwheel	1 <sup>st</sup> Pass - Cartwheel, pivot turn, cartwheel 2 <sup>nd</sup> Pass - Round-off <i>A pivot turn or repositioning of feet will break series</i>
1 <sup>st</sup> Pass - Round-off, flic-flac 2 <sup>nd</sup> Pass - Dive roll <i>Even though the dive roll does not count as a flight element it will count as a acro VP.</i>	1 <sup>st</sup> Pass - Front walkover, moves foot after initial placement on floor, cartwheel 2 <sup>nd</sup> Pass - Handstand forward roll, split jump <i>Repositioning foot will break acro series</i>
Fulfills SR #3 Dance passage with a min. of 2 different Group 1 VP or Xcel Bronze chart skills (directly or indirectly connected) one of which is a Leap with a 60° cross or side split	Does NOT fulfill SR #3
Split leap (60°), run, leg swing hop, with free leg to horizontal	Chassé, split leap Missing 2nd Group 1 skill. <i>Chassé is not an element</i>
Cat leap, skips, split leap	Split leap, run, split leap <i>Skills must be different</i>
Split leap (60°), hitch kick	Split jump, tuck jump <i>One skill must be a leap (one foot take-off) with a split</i>
Fulfills SR #4 Min. 1/2 Turn on one foot	Does NOT fulfill SR #4
Backward swing turn	Pivot turn <i>Must be on one foot</i>
Full turn	Fouetté turn <i>Is a hop</i>
½ Heel snap turn	

## Judges ~ Chapter 4 ~ Rights & Duties

### Xcel Chief Judge (continued)

4. Is responsible for the correct work of her/his panel and assistant judges.
5. Uses a green flag or hand signal to acknowledge the presentation of the gymnast.
6. Must evaluate the exercises accurately without bias and must first write (or enter into the electronic scoring system) her/his own score before reviewing scores from other judges.
7. Must record the number of skills, "A", "B", "C" and "D" VPs, Special Requirements and Start Value, as well as record deductions for execution/amplitude, artistry and neutral deductions.
8. Verifies that the scores fall within the proper range.
9. Verifies that the score of the Chief Judge, panel judge(s), average score and time/line deductions are properly recorded during the competition.
  - It is not necessary to sign the official score sheet.
10. Confirms when a gymnast may repeat an exercise (or portion of the exercise) due to technical failure and determines when the repetition (or continuation) will occur.
  - a. A flash from a camera is not a valid reason to allow a gymnast to repeat the exercise.
  - b. These decisions must be made in consultation with the Meet Referee prior to the score being flashed.
11. Is responsible for calling a conference if an impossible Start Value has been awarded and/or for other reasons to assist the judges in arriving at a common basis for scoring during competition. During the conference:
  - a. The Start Value differences will be clarified.
  - b. The Meet Referee may be notified of and/or be included in the discussion.
  - c. The judges may change their scores, but are not obliged to do so; however, if the scores are out of the allowable range, adjustments must be made. It is the professional responsibility of the judges to come to an agreement if their scores are initially out of range.
  - d. If the judges are unable to compromise, the Chief Judge may mandate that the scores be brought into the allowable range.

N. Takes the deduction from the average score for the following infractions.

The deduction must be indicated to the coach either verbally or by visual means at the conclusion of the exercise.

<u>0.10</u>	Overtime
No deduction	Coach standing between the bars or next to beam throughout the entire exercise
each time <u>0.10</u>	Any part of the body touching outside of the Floor exercise border marking
each time <u>0.10</u>	Failure to present to Chief Judge before <b>exercise; failure to present at end of exercise</b>
<u>0.10</u>	<u>Failure to mark the boundary line</u> on additional matting which covers the boundary line (FX)
<u>0.20</u>	Gymnast failing to begin exercise within 30 sec. after the Chief Judge signals to begin
<u>0.20</u>	Unsportsmanlike conduct of the gymnast (after warning)
<u>0.20</u>	Incorrect padding (Gymnast wearing heel/hip pads on bars) <ul style="list-style-type: none"> <li>• *If the Chief Judge notices the heel/hip pads prior to the gymnast's mount, a warning must be given.</li> <li>• However, if the gymnast wears the heel/hip pads during her exercise (whether or not the Chief Judge warned her previously), the deduction must be taken.</li> </ul>
<u>0.20</u>	<u>Technical verbal cues</u> by coach or teammate(s) to own gymnast (applied after a verbal warning has been given) <ol style="list-style-type: none"> <li>a. <u>Examples of technical cues:</u> "hollow", "pull", "breathe", etc.</li> <li>b. <u>Exception:</u> If the gymnast is competing on an apparatus and the coach instructs her by giving specific information on what to do during the routine (for example – what to do next or to repeat a missed requirement), a deduction is taken without the warning being given.</li> <li>c. This deduction is taken only once, regardless of the number of cues given.</li> </ol>
<u>0.20</u>	<u>Failure to observe specified warm-up time</u> (after a warning) <ol style="list-style-type: none"> <li>a. Deduction is taken from the event score or may be taken from the team score at team competitions.</li> <li>b. <u>Note:</u> There is no deduction for jumping on the board and/or briefly touching the apparatus immediately prior to competition on UB or BB. This deduction applies only to the practice of an element(s).</li> <li>c. If a gymnast is preparing for a skill or dismount when time is called, she may continue to finish the skill(s) and/or dismount without penalty.</li> <li>d. If she fails to leave the apparatus when "Time" has been called, the timer must warn the gymnast by announcing "Time Exceeded".</li> <li>e. If the gymnast remains on the apparatus, the timer reports the infraction to the Chief Judge, who then deducts 0.20 from the average score.</li> </ol>