

C. Repetition of a failed series

EXAMPLES:

1. Gymnast performs a Flic-flac step-out and stops (or falls), then does a series of two connected flic-flacs. The Acro Series Special Requirement is NOT met because the third flic-flac receives no Value-Part credit.



2. At Level 7: Gymnast attempts a series of two Back Walkovers, but the second Back Walkover never lands on the beam (no Value-Part credit awarded) (A + 0).

If she then kicks up to a handstand and holds it for 2 seconds, then steps down to a Back Walkover (A + A), one part of the Acro Special Requirement has been met.

- If the Handstand is NOT held for 2 seconds, it will not receive "A" Value-Part credit and cannot be used to fulfill a Special Requirement.

IV. SPECIFIC COMPOSITIONAL DEDUCTIONS (FOR LEVELS 8, 9 & 10)

Note: Composition is not considered for Level 6 or 7.

A. LACK OF VARIETY IN CHOICE OF ELEMENTS

1. **FAILURE TO PERFORM ACROBATIC ELEMENTS IN TWO DIFFERENT DIRECTIONS (BACKWARD AND FORWARD OR SIDWARD)** each 0.10

- a. Must be from the following Groups: 1-Mounts, 6-Rolls, 7-Walkovers/Cartwheels/Handsprings, and 8-Saltos
- 1) If the dismount is the only forward/sideward or the only backward element deduct 0.05
 - 2) To be considered forward or sideward, the element must move through a forward or sideward plane. A kick-up to handstand, with or without pirouette, to step-down is NOT eligible as it is from Group 5.
- b. May perform either a forward or sideward element, but must perform a backward element.
- c. The Round-off is considered a sideward element.
- d. A jump backward (Flic-flac take-off) with ½ (180°) twist to walkover or salto forward (Arabian walkover or salto) is considered a forward element.
- e. A Flic-flac ¼ or ¾ twist to handstand is considered a backward element.
- f. A tic-toc can be considered either a forward or backward element, to the advantage of the gymnast.
- g. Silivas-type mounts (#1.208 & 1/308) are considered "sideward".

2. **LACK OF VARIETY IN DANCE ELEMENTS**

- a. Overuse of dance elements with the same shape
 - 1) More than two elements with a wolf or tuck position with or without turn 0.10
 - 2) More than two straddle jumps, with or without turn 0.10
- b. More than one leap/jump/hop element to front support each 0.10
- c. More than two (2) 180° turns on two feet (pivots) with straight legs throughout the exercise 0.10
 Examples of allowable 180° turns: turn on one foot; turn in squat or demi-plié position; ¼ turn - ¼ turn

3. **LACK OF BALANCE BETWEEN ACRO AND DANCE VALUE PART ELEMENTS** Up to 0.20
 Consider:

- a. The quality (element difficulty value) and the quantity of the two categories.
- b. For Level 9 and 10, the lack of a dance connection for CV Bonus is not necessarily a compositional deduction.
- c. *The following elements are considered as "Dance" elements:*
 - 1) *Group 1 Mounts: 1.101, 1.201, 1.301, 1.401, 1.102 (1st & 3rd descriptions), 1.202, 1.104, 1.105 1.305, 1.405.*
 - 2) *Group 4: All Wave elements*
 - 3) *Holds/Stands: 5.101, 5.201, 5.102, 5.302, 5.402, 5.103, 5.203*