



JOINT MEETING - XCEL & TECHNICAL COMMITTEES
Indianapolis, IN
May 8, 2017

- I. Meeting was called to order by Claudia Kretschmer (NXCC) and Cheryl Hamilton (NTCC) at 6:00 pm.

Roll Call:	<u>Technical Committee</u>	<u>Xcel Committee</u>
Region 1	Neela Nelson	Jill Preston
Region 2	Linda Mulvihill	Dianne Palmer
Region 3	Carole Bunge	Louise Janecky
Region 4	Linda Thorberg	Paige Roth
Region 5	Char Christensen	Nancy Gibson
Region 6	Pat Panichas	Gail Caspare
Region 7	Myra Elfenbein	Jane Caruso
Region 8	Marian Dykes	Elaine Wulf
JO Technical Dir.	Connie Maloney	

- II. The following motions and clarification are effective August 1, 2017:

A. GENERAL

1. Clarification: Skills list on the Xcel Additional "A" Skills charts are subject to the execution/amplitude deductions listed in the *Xcel Code of Points*, not the deductions listed in the *JO Compulsory book* or *JO Code of Points*.
2. Reminder: Composition deductions are not applied in the Xcel Program. This statement will be added to the *Xcel Code of Points* (digital and printed versions).
3. Effective August 1, 2017, recommendation to amend page 71, G.3.c. of the *Women's Rules and Policies*: Delete: This also applies to IES.
Motion: Pat Panichas
Second: Gail Caspare
Passed

B. VAULT

1. Recommendation to add a deduction of "up to 0.30" for any inverted vault with a turn in the pre-flight that does not pass through vertical.
Motion: Marian Dykes
Second: Nancy Gibson
PASSED
2. Recommendation for Bronze Vault 1b and Silver Vault 1b (vaults landing on flat back on mat stack) to add a deduction of 1.00 in the Handstand phase for performing the handstand on one arm.
Motion: Elaine Wulf
Second: Neela Nelson
PASSED
3. Clarification: The use of an alternative springboard apparatus is NOT allowed at Platinum and Diamond division and if used, the vault is considered VOID.

4. Clarification: If a coach chooses to have a gymnast compete using an incorrect spring configuration in the board, a neutral deduction of 0.30 for incorrect apparatus specifications will be taken from the Average score by the Chief Judge.
5. Recommendation for Platinum division to change the value of vault #1.109 (1/4 on -1/4 off (land facing away from table)) from 10.0 to 9.8.
Motion: Char Christensen
Second: Paige Roth
PASSED
6. Recommendation for the Xcel Program to accept the additional spring configuration (two springs, right and left position, in both the first and third rows) allowed for the JO Program, effective August 1, 2017.
Motion: Dianne Palmer
Second: Carole Bunge
PASSED

C. BARS

1. Clarification: For the Glide swing to stand mount (A) allowed at Bronze, Silver and Gold divisions, an "up to 0.20" deduction for legs apart is applied if the legs fail to join at the end of the forward swing. The legs may remain together or straddle during the backward swing and feet must be joined on landing.
2. Clarification: A back uprise (#2.203) to clear support directly connected to a clear hip circle (#3.204/3.304) or other Group 3, 6 or 7 circling elements, may be awarded one or two skills, to the benefit of the gymnast. This will be added to Bar Chapter 2, Required Techniques for the Recognition of Value Parts in the *Xcel Code of Points* (printed and digital versions).
3. Clarification: The Cast off to Stand Additional "A" skill listed only for Bronze division is considered one "A" skill and will NOT fulfill the Cast Special Requirement. Casts used to fulfill a Special Requirement must be performed within the routine, not in the mount or dismount skill.
4. Reminder: After a fall from the bars, evaluation of the exercise begins again with the performance of a skill from the *Xcel Code of Points* or applicable Additional "A" Skill chart, not from point of interruption.
5. The Underswing and Sole Circle dismounts from LB (listed on the Additional "A" skills chart for Bronze and Silver divisions) will be deleted from the chart. The description of Bar skill #8.101 will be amended to read: From HB or LB – underswing (toe-on or clear) to stand.
6. Recommendation to amend the description in the *Xcel Code of Points* - Additional "A" Skills chart (printed and digital versions) of the squat on LB-jump off dismount for Bronze and Silver to read: From squat position on low bar - stretched jump off forward to stand. Apply the body position and amplitude deductions listed under Medium Faults on page 49 of the printed *Xcel Code of Points* and pg. 63 of the digital version.
Motion: Paige Roth
Second: Marian Dykes
PASSED
7. Recommendation to amend the "Circling Skill" Special Requirement(s) at each level to read: "360°" Circling Skill
Motion: Dianne Palmer
Second: Gail Caspare
PASSED

8. Recommendation to add to the *Xcel Code of Points*, under Dismount Regulations (page 45 in printed version; page 62 in digital version): Dismounts initiated from the feet are not allowed unless specifically listed in the *Xcel Code of Points*.
Motion: Dianne Palmer
Second: Linda Thorberg
PASSED

9. Recommendation to establish the following criteria for evaluation of the Bronze Additional "A" Skill $\frac{3}{4}$ Forward roll dismount (in addition to the "up to 0.30 deduction for bent legs):
Failure to land with feet slightly behind the bar Up to 0.20
 - Feet land behind bar No deduction
 - Feet land under bar 0.10
 - Feet land in front of bar 0.20
 Motion: Dianne Palmer
Second: Myra Elfenbein
PASSED

10. Clarification: When evaluating Bar skill #4.101 (A)-Long swing forward with $\frac{1}{2}$ (180°) turn at horizontal to 45° from vertical, if the swing/turn is below horizontal, apply the "up to 0.20" insufficient amplitude deduction listed under Medium Faults on page 49 of the printed *Xcel Code of Points* and page 63 of the digital version.

D. BALANCE BEAM

1. Clarification: Beam skill #6.203 – Kick/swing to cross handstand, roll forward with or without hand support is considered one "B" valued skill.

2. Recommendation to make the following change in wording on page 97, 2. E. in the *printed Xcel Code of Points* and page 96, 2. E. in the digital version in regards to Handstands:
Any handstand within the exercise can be used as the first "or second" skill in an acro series.
Motion: Nancy Gibson
Second: Linda Mulvihill
PASSED

3. Recommendation to change the description in *Xcel Code of Points* on page 105-printed and 108-digital of the Bronze additional "A" Skill-Partial Handstand to: both feet off the beam while at least one leg reaches a minimum of 45° from vertical.
Motion: Dianne Palmer
Second: Myra Elfenbein
PASSED

4. Recommendation to add to the description in *Xcel Code of Points* on page 105-printed and 108-digital of the Silver additional "A" skill-Partial Handstand to: feet must close together at a minimum of 45° from vertical. Both criteria must be met simultaneously to receive Value Part credit.
Motion: Dianne Palmer
Second: Marian Dykes
PASSED

5. Clarification: Timing of the exercise, page 99, II. B in the printed *Xcel Code of Points*, and page 100, B. 1. B in digital *Xcel Code of Points*): change the bullet to read: Following a fall on Beam, the "evaluation and" timing of routine resumes with the first movement to continue the routine (choreography or a skill).

6. The committee accepted the following clarification regarding direct connections on Beam from the May 2017 Joint JO/TC minutes: A kick above 45° will break a connection of two acro skills on Beam, such as a cartwheel-cartwheel, as stated in the *Xcel Code of Points*. When evaluating the continuity of a dance connection or a mixed connection of dance to acro, the height of the free leg at the finish of the first skill (such as a cat leap or hitch kick) will not be the sole cause for breaking the dance or mixed series; however, if the free leg position drops and lifts again or if the trunk stops forward movement, the series would be considered broken.

E. FLOOR EXERCISE

1. Recommendation regarding the Leg swing hop with free leg horizontal or above (listed on the Additional "A" skill chart for Bronze, Silver, Gold - Page 161-printed *Xcel Code of Points*; pg. 144 digital *Xcel Code of Points*) - apply an "up to 0.20 deduction for insufficient amplitude if free leg is below horizontal (using a 20° variance). If the free leg is lifted less than 70° from the floor, it does not receive "A" value part credit.
Motion: Elaine Wulf
Second: Marian Dykes
PASSED
2. Effective August 1, 2017 - Recommendation to amend the wording on pages 12, 143, 144 and 145 in the printed *Xcel Code of Points*; page 116 in the digital version, of Bronze Special Requirement #2 to: A 2nd Pass with a minimum of 1 Acro skill with/without flight.
Motion: Elaine Wulf
Second: Char Christensen
PASSED
3. Clarification: If an unallowable/restricted skill is performed as an isolated skill or within a series, it does not receive Value part credit and therefore cannot be used to fulfill a Special Requirement. Example on Gold Floor: gymnast performs Switch leg leap (B), switch side leap (C), straddle jump (B). C skills are not allowed at Gold and if that was the only dance passage in the routine, a 0.50 deduction would be applied for missing the SR Dance passage and 0.50 for performing a restricted skill.
4. Effective August 1, 2017 - Recommendation that the following be added to the Clarifications row of the FX Rules Chart on page 12 & 143 of the printed *Xcel Code of Points*: Acro flight skills with hand support are eligible to receive Value-part credit, regardless of the number of times performed and may also fulfill Special Requirements, provided that the series in which they are performed are different. Refer to the *Xcel Code of Points* (page 151-152 of printed versions; 125 in digital version) for the definition of what makes an acro series different.
5. Correction to *Xcel Code of Points* - printed version, page 165, #1.109: The second skill listed- Backward or forward cabriole is missing the appropriate illustration.

Meeting adjourned at 10:30 pm. Next Joint Xcel/Technical Committee meeting scheduled to follow the 2018 JO Nationals.