

XCEL COMMITTEE

MEETING

June 2-4, 2013

Kissimmee, FL

I. ROLL CALL

Chair	Claudia Kretschmer
Region 1	Jill Preston
Region 2	Dianne Palmer
Region 3	Louise Janesky
Region 4	Paige Roth
Region 5	Nancy Gibson
Region 6	David Auger
Region 7	Jane Caruso
Region 8	Elaine Wulf
WPCC	Tom Koll
NTC Rep.	Marian Dykes
DPO	Rachel Brazo

All motions below requiring the joint approval of both the Xcel Committee and the Technical have been passed.

II. GENERAL INFORMATION:

Discussion was held regarding the creation of the new committee and administrative, financial and linguistic clarifications.

- Xcel uses the term Divisions, not Levels.
- Committee members will be responsible to create Xcel articles for *Technique* magazine.
- The rules can be on the website before the printed materials are available.
- The Technical Committee will meet in Reno at the National Compulsory Workshop to review the recommendations from the NXC. It is planned to create a self-contained Rule book for the Xcel rules.

III. PHILOSOPHY OF THE NATIONAL XCEL PROGRAM:

An alternative USA Gymnastics competitive option to the JO Program, offering more individual flexibility to the coaches and gymnasts.

Motion P. Roth

Second N. Gibson

Passed

AMENDED TO ADD THE FOLLOWING SENTENCE: The goal of Xcel is to provide gymnasts of varying abilities and commitment levels the opportunity for a rewarding gymnastics experience.

Motion D. Palmer

Second N. Gibson

Passed

IV. RECOMMENDATION THAT EACH INDIVIDUAL STATE WILL HAVE THE RIGHT TO DETERMINE:

Awards, Qualifying procedures/
scores — whether or not to host a state meet and which divisions to include.

Motion L. Janesky

Second D. Auger

Passed

V. RECOMMENDATION that entry fees for pre-sectional qualifiers, sectional meets and State meets are determined by the State Administrative Committee; however, the State entry fees may not exceed \$65.00 for Bronze/Silver/Gold and \$75.00 for

Platinum and Diamond unless approved by the Regional Administrative Chairman.

Motion P. Roth

Second D. Palmer

Passed

VI. JUDGING RECOMMENDATIONS TO THE TECHNICAL COMMITTEE

RECOMMENDATION that all Xcel divisions may be judged by Professional, Jr. Professional, or Introductory Coach Member; however, the State Administrative Committee determines if any additional criteria will be used for state organized competitions.

Motion N. Gibson

Second J. Preston

Passed

RECOMMENDATION that the State Committees will determine judging panel sizes for State Championships for all Xcel divisions but they must be judged by a minimum of one qualified judge per event.

Motion D. Auger

Second J. Caruso

Passed

VII. REGIONAL COMPETITIONS

RECOMMENDATION to allow Regions to host an Xcel Regional Championships and/or Invitational and that the qualifying procedures will be at the discretion of the Regional Administrative Committee (RAC).

Motion D. Auger

Second E. Wulf

Passed

VIII. MOBILITY

RECOMMENDATION that any gymnast who has had previous competitive experience in any system (including USA Gymnastics) and who is a minimum of 14 years of age OR is at least a freshman in High School is eligible to petition the State Administrative Committee for entry into any Xcel division. The petition must be accompanied by a video that demonstrates her skill level.

Motion L. Janesky

Second J. Caruso

Passed

IX. RECOMMENDATION that Xcel competition must follow the current USA Gymnastics Women's Rules and Policies concerning maximum number of gymnasts per session. Bronze, Silver & Gold will follow compulsory numbers allowed and Platinum & Diamond will follow Level 7 optional numbers allowed.

Motion J. Preston

Second D. Auger

Passed

X. AGE LIMITS/RANGES

RECOMMENDATION that the minimum age for competing in the Bronze division is 5 years old. (Reached 5th birthday)

Motion D. Auger

Second E. Wulf

Passed

RECOMMENDATION that the minimum age for competing in the Silver division is 6 years old. (Reached 6th birthday)

Motion E. Wulf

Second J. Caruso

Passed

RECOMMENDATION that the minimum age for competing in the Gold division is 7 years old. (Reached 7th birthday)

Motion N. Gibson

Second E. Wulf

Passed

RECOMMENDATION that the minimum age for competing in the Platinum division is 8 years old. (Reached 8th birthday)
Motion P. Roth
Second J. Preston
Passed

RECOMMENDATION that the minimum age for competing in the Diamond division is 9 years old. (Reached 9th birthday)
Motion D. Palmer
Second J. Preston
Passed

XI. WARM-UP TIMES:

RECOMMENDATION that in the Bronze division, there is a minimum 20-second warm-up time on all apparatus with a guarantee of one vault.

Motion N. Gibson
Second D. Palmer
Passed

RECOMMENDATION to adopt the warm-up times for the Silver through Diamond Divisions as written in the Xcel Chart.

Motion E. Wulf
Second J. Caruso
Passed

XII. VAULT

RECOMMENDATION that the matting behind the vault table for the Silver division vault must be a minimum of table height and a maximum of 8 inches above the table.

Motion E. Wulf
Second J. Caruso
Passed

RECOMMENDATION that Xcel use the JO Level 8 vault chart for the Diamond division.

Motion D. Auger
Second E. Wulf
Passed

RECOMMENDATION, that in the Gold division, there will be a 9.5 start value when using an alternative springboard apparatus.

Motion D Auger
Second L. Janesky
Passed

RECOMMENDATION, that in the Gold, Platinum, and Diamond divisions to keep the current JO Level 8–10 deductions (pages 33 & 34 of *Code of Points*). In addition; add the deduction of up to 0.50 for “too long in support.”

Motion J. Preston
Second E. Wulf
Passed

~~RECOMMENDATION to use the Level 8 vault chart with all vaults having a 10.0 SV for the Diamond Division.~~

~~Motion D. Palmer
Second L. Janesky
Defeated~~

RECOMMENDATION that in the Diamond division, any vault on the JO Level 8 vault chart in the *JO Code of Points* that has a 9.2 or lower start value will be given the start value of 9.6 in the Xcel Program. All other vaults with higher than a 9.2 start value will have a 10.0 start value in the Xcel Program.

Motion J. Preston
Second P. Roth
Passed

RECOMMENDATION to the Technical Committee to remove the deductions for horizontal running speed, forward lean of body upon board contact and insufficient acceleration on the run for the Bronze and Silver Division vaults.

Motion P. Roth
Second E. Wulf
Passed

RECOMMENDATION to the Technical Committee to add the following deductions: up to 0.50 for insufficient height, and up to 0.30 for insufficient distance for the Silver Division vaults

Motion E. Wulf
Second J. Caruso
Passed

RECOMMENDATION to the Technical Committee that in the Silver division vault, that if upon landing any part of the gymnast's body brushes/hits the vault table, an up to 0.20 deduction will be taken.

Motion E. Wulf
Second J. Preston
Passed

RECOMMENDATION to accept the entire final Xcel vault chart as amended.

Motion L Jaseky
Second D. Palmer
Passed

XIII. UNEVEN BARS

RECOMMENDATION to allow kips for the Bronze Division.

Motion D. Auger
Second J. Caruso
Passed

RECOMMENDATION to approve the skills as listed in the Xcel Skills Chart for Bronze.

Motion L. Janesky
Second D. Palmer
Passed

RECOMMENDATION that in the Silver division, a long hang pullover from a hang on the high bar would count as a circling skill.

Motion L. Janesky
Second D. Auger
Passed

RECOMMENDATION to approve the bar skills as listed in the Xcel Skills Chart for the Silver Division.

Motion D. Palmer
Second J. Caruso
Passed

RECOMMENDATION that in the Gold Division, special requirement and "A" value part credit will be given to a 45° below horizontal cast with an up to 0.20 amplitude deduction. No other casts performed in the routine will have a cast angle requirement and would only be subjected to execution deductions.

Motion D. Palmer
Second J. Caruso
Passed

RECOMMENDATION to approve the skills as listed in the Xcel Skills Chart for the Gold Division.

Motion L. Janesky
Second N. Gibson
Passed

RECOMMENDATION that in the Diamond Division, Special Requirement #3 be amended to read; Release or Pirouette, or a Second different Circling skill, minimum of "B" value part.

Motion D. Palmer
Second D. Auger
Passed

RECOMMENDATION, that in the Platinum Division, a cast between horizontal and 21° from vertical will be considered an "A" value part.

Motion J. Preston
Second P. Roth
Passed

RECOMMENDATION, that in the Diamond Division, a cast between 45° and 21° from vertical will be considered an "A" value part.

Motion D. Palmer
Second D. Auger
Passed

RECOMMENDATION to accept the Platinum and Diamond Divisions as amended.

Motion L. Janesky
Second P. Roth
Passed

XIV. BALANCE BEAM

RECOMMENDATION to accept the Bronze Division, as amended.

Motion P. Roth
Second E. Wulf
Passed

RECOMMENDATION to accept the Silver Division, as amended.

Motion N. Gibson
Second E. Wulf
Passed

RECOMMENDATION to accept the Gold Division, as amended.

Motion E. Wulf
Second J. Preston
Passed

RECOMMENDATION that the Diamond Division may perform all "C" skills.

Motion P. Roth
Second J. Caruso
Passed

MOTION to accept the Platinum and Diamond Divisions, as amended.

Motion L. Janesky
Second D. Palmer
Passed

XV. FLOOR

RECOMMENDATION to accept the Bronze Division, as amended.

Motion E. Wulf
Second J. Caruso
Passed

RECOMMENDATION to accept the Sliver Division, as amended.

Motion D. Auger

Second J. Preston

Passed

RECOMMENDATION to change the Bronze floor time to a 45 second time limit and the Gold floor time to a 1:00 minute time limit.

Motion L. Janesky

Second J. Caruso

Passed

RECOMMENDATION to accept the Platinum and Diamond Divisions, as amended.

Motion L. Janesky

Second N. Gibson

Passed

RECOMMENDATION to accept the TC's request that Xcel use the deductions for Artistry, Rhythm and Dynamics to be consistent with the JO program. (Artistry by category up to 0.30, Rhythm on Bars 0.10, Rhythm on Beam & Floor up to 0.20, Dynamics on Bars, Beam & Floor up to 0.20, Dynamics on Vault up to 0.30)

Motion D. Palmer

Second E. Wulf

Passed By Email Vote

A courtesy score of 4.0 may be awarded for an extremely short routine (UB, BB, FX) due to injury or unusual circumstances. No routine will be awarded less than 4.0. Common sense should prevail.

Motion D. Palmer

Second N. Gibson

Passed by Email Vote