



**GUIDELINES FOR APPLICATION OF SPECIFIC COMPOSITIONAL DEDUCTIONS
AT LEVEL 9 & 10 - Effective August 1, 2017**

LEVEL 10 BEAM: Choice of ACRO elements not up to the Competitive Level Up to 0.20

Criteria for NO DEDUCTION if all are met:

Two "formulas" for satisfying all criteria:

1. Routines with a maximum of a "C" element in the Acro flight series

- 1a. Two-element Acro flight series with a "C" salto, OR
a 3-element Acro flight series with a "C" element (with or without hand support)

Plus: 1b. Additional acro flight of "D/E" (with or without hand support)

Plus 1c. Minimum of "C" salto *

**If the Acro flight series includes two (2) "C" saltos, one of them may count for the additional "C"- salto.
(See routine example #2)*

Plus 1d. Dismount: A minimum of "B" Acro flight element directly connected to a "C" dismount element,
OR a "D/E" Acro flight element connected to a "B" dismount element, OR any "D/E" dismount element
(isolated or in connection)

2. Routines with a "D" or more difficult element in the Acro flight series

2a. Two-element Acro flight series with minimum of a "D" flight element

Plus 2b. Additional "D/E" Acro flight element

Plus 2c. Dismount: A minimum of "B" Acro flight element directly connected to a "C" dismount element,
OR a "D/E" Acro flight element connected to a "B" dismount element, OR any "D/E" dismount element
(isolated or in connection)



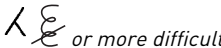


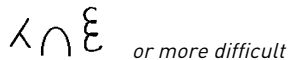
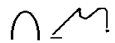


Examples of NO DEDUCTION for Choice of Acro elements not up to the competitive level for Level 10 Beam:

Formula #1: Routines with maximum of "C" value in Acro flight series

Routine #1:	2 Flic-flacs to 1-arm FF (B+B+C)	Side aerial (D)	Back salto tucked (C)	Round-off, Back salto 1½ twist (B+C)
Routine #2:	FF, 2 Back layout step-outs (B+C+C)	Front Aerial (D)	Round-off, Back salto 2/1 twist (B+C)	
Routine #3:	FF, Back layout step-out (B+C)	Kickover Fr. Salto (D)	Back salto tucked (C)	Round-off, 2/1 Back salto (B+E)
Routine #4:	FF, Back layout step-out (B+C)	Fr. Salto tucked (D)	Back salto tucked (C)	Side aerial, Back salto 1/1 twist (D+B)

OR




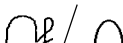


Formula #2: Routines with minimum of "D" in Acro flight series

			
Routine #5:	Side aerial, FF (D+B)	Fr. Salto piked (E)	Round-off, Back salto 1½ twist dismount (B+C)
			
Routine #6:	Front Aerial, FF (D+B)	Side aerial (D)	Round-off, FF, Back salto 2/1 twist dismount (B+B+C)
			
Routine #7:	FF, Onodi (B+E)	Gainer Layout step-out (D)	Front layout 2/1 twist dismount (D)

Level 10 BEAM: Criteria for the MAXIMUM DEDUCTION OF 0.20, if all apply:

1. No Acro flight series, OR an Acro flight series without a Salto or Aerial
- Plus 2. No additional "C" or more difficult Salto/Aerial in exercise
- Plus 3. Dismount is single "C" or less difficult element

Examples of the MAXIMUM DEDUCTION (0.20) for Choice of Acro elements not up to the competitive level for Level 10 Beam:

			
Routine #1:	FF - 1-arm FF (B+C)	Front Handspring (B)	Front salto with 1/1 twist (C)
			
Routine #2:	Front aerial, stop, FF (D/B) (broken series)	Back Walkover (A)	Gainer Back Pike off end of beam (C)

Level 10 FLOOR: Choice of ACRO elements not up to the Competitive Level Up to 0.20

Criteria for NO DEDUCTION, if all are met:

1. Routine with three Acro flight passes:
 - a. "D or E" Acro element in each Acro pass
 OR
 - b. Two Acro passes with "D/E" element plus a 3rd pass with minimum of a B+C Bonus Acro connection (direct or indirect)
2. Routine with only two Acro passes: both passes must have a "D or E" Acro element; one must have 2 saltos, direct or indirect connection

Examples of NO DEDUCTION for Choice of Acro elements not up to the competitive level on Level 10 Floor Exercise

3-Pass Routine #1:

		
RO, FF, Double Pike (D)	FHS, Front layout 1½ twist, Back layout step-out (D+A)	RO, FF, Double back tuck (D)

3-Pass Routine #2:

		
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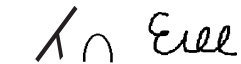
RO, FF, 1/1 twisting double back (E)


FHS, Front layout 1/1 twist, Front layout (C+B)

RO, FF, Double Pike (D)


OR

2-Pass Routine #1:


RO, FF, 1/1 twisting double back (E)


Front tuck, RO, FF, Double Pike (A+D)

2-Pass Routine #2:


RO, FF, Double Pike (D)


FHS, Front Layout 1 1/2 twist, Back layout step-out (D+A)

LEVEL 10 FLOOR: Criteria for the MAXIMUM DEDUCTION OF 0.20:

No "D" Salto in exercise

LEVEL 10 UNEVEN BAR COMPOSITION

Insufficient Distribution in relation to dismount Up to 0.10

Criteria for:

NO DEDUCTION: "D or E" element connected to "C" dismount element, OR
"D or E" dismount element

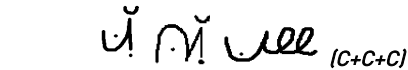
Examples:



B. Giant 1/1 (D) + Double Tuck flyaway dmt. (C)


Double front tuck dmt (E)

0.05 deduction: Connection of two "C" elements to a "C" dismount element, OR
a "D" to "C" connection to a "C" dismount element


Examples:



B. Giant 1/2 (C) + Fr. Giant 1/2 (C) + Double tuck flyaway (C)



B. Giant 1/1 (D) + Clear hip HS (C) + Toe-on Fr. Salto tucked (C)

0.10 deduction: One "C" element (or less difficult) connected to a "C" or less difficult dismount element

Examples:


Clear hip HS (C) + Toe-on Fr. Salto tucked (C)


Back Giant (B) + Double tuck flyaway (C)

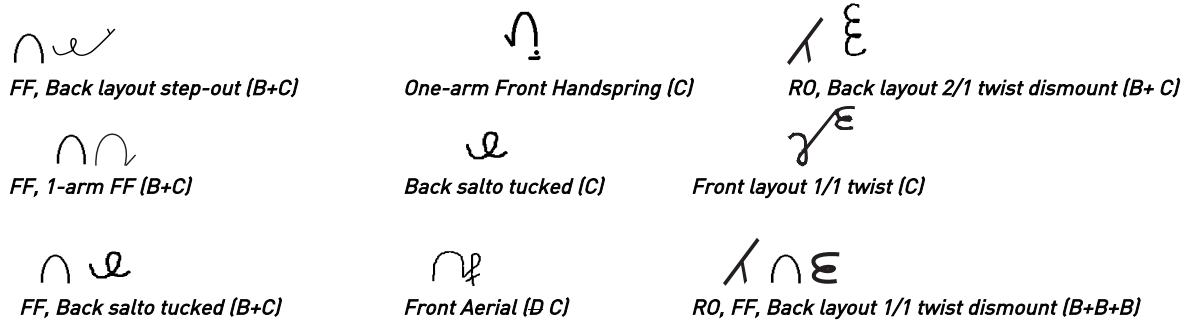

Flyaway 1/1 twist (B)
Plus -0.50 missing dmt. SR

Level 9 BALANCE BEAM: Choice of ACRO elements not up to the Competitive Level Up to 0.20

LEVEL 9 BEAM: Criteria for NO DEDUCTION, if all are met:

1. Acro series with two flight elements, one must be a "C" (D/E's receive "C" credit)
2. Additional Acro element: a Salto, Aerial, or a "D or E" Acro flight element with hand support *
* If the Acro series includes a Salto or Aerial, then the additional Acro flight element can be a minimum of "C" with or without hand support
3. A "B" Acro flight element directly connected to "B" dismount element, OR any "C" dismount element (isolated or in connection)

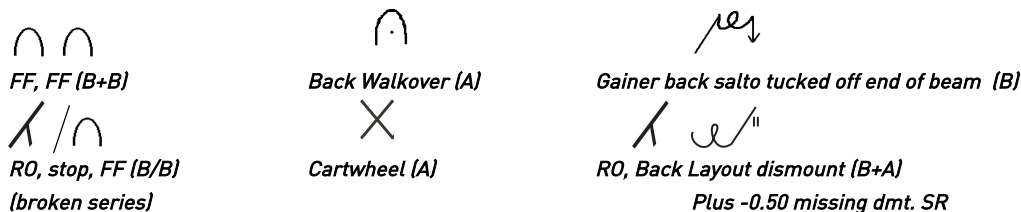
Examples of NO DEDUCTION for Choice of Acro not up to the competitive level on Level 9 Beam:



LEVEL 9 BEAM - Criteria for the MAXIMUM DEDUCTION OF 0.20, if all apply:

1. Acro series with one or two "B" flight elements, OR no Acro flight series
2. No other "B" or better Acro element on beam (excluding the element directly connected to the dismount element)
3. Isolated "B" dismount element, or any "A" dismount element (in series or isolated)

Examples of the MAXIMUM DEDUCTION (0.20) for Choice of Acro not up to the competitive level for Level 9 Beam:



Level 9 FLOOR EXERCISE: Choice of ACRO not up to the Competitive Level

Up to 0.20

LEVEL 9 FLOOR EXERCISE: Criteria for NO DEDUCTION, if all are met:

1. Routine with three Acro passes:
 - a. "C" Acro element in each Acro passOR
 - b. Two passes with a "C" Acro element; one with Connection Bonus, plus another pass with a "B + B" Acro Connection Bonus

2. Routine with only two Acro passes: both passes must have a "C" Acro element in a Bonus Connection

Examples of NO DEDUCTION for Choice of Acro not up to the competitive level on Level 9 Floor Exercise:

3-Pass Routine #1.



RO, FF, Double twist (C)



Fr. Layout 1/1 twist (C)



Fr. Tuck, RO, FF, Back 1½ twist (A+C)

3-Pass Routine #2.



RO, FF, Double back tuck (D C)



FHS, Fr. Layout, Front layout (B+B)



RO, FF, Double twist (C)

2-Pass Routine #1



RO, FF, Back 1½ twist, RO, FF, Double twist (C+C)



FHS, Fr. Layout 1/1 twist, Front Pike (C+B)

2-Pass Routine #2



RO, FF, Back 1½ twist, Front pike (C+B)



FHS, Fr. Layout 1½ twist, Back layout step-out (D C+A)

LEVEL 9 FLOOR: Criteria for the MAXIMUM DEDUCTION of 0.20 if all apply:

No "C" Acro elements in exercise

LEVEL 9 UNEVEN BAR COMPOSITION:

Insufficient Distribution in relation to dismount

Up to 0.10

Criteria for:

NO DEDUCTION: Any "C" (or D/E awarded "C") dismount element

Examples:

(B+C)

Bk. Giant (B) + Double Tuck flyaway dmt. (C)

(C + E C)

Fr. Giant (C), Double front tuck dmt. (E C)

0.05 deduction: Connection of a "C or more difficult" element to a "B" dismount element

Examples:

(C+B)

Clear hip HS (C) + Flyaway 1/1 twist (B)

(C+B)

Fr. Giant (C) + Front flyaway 1/2 twist (B)

0.10 deduction: One "B" element (or less difficult) connected to a "B" or less difficult dismount element

Examples:

(B+B)

Bk. Giant (B) + Flyaway 1/1 twist (B)

(B + A) plus 0.50 for missing dmt. SR

Cast HS (B) + Tuck flyaway (A)