

## National Elite Program Committee Conference Call April 26, 2006

The meeting was called to order 1:00 p.m. by Gary Anderson, National Elite Program Chairman.

### I. Roll Call:

Chairman	Gary Anderson
Region I	absent
Region II	Brad Loan
Region III	Chris Burdette
Region IV	Greg LaFleur
Region V	Amy Scheer-Wert (proxy for Mary Lee Tracy)
Region VI	absent
Region VII	Jen Bundy
Region VIII	Toni Rand
WPD	Gary Warren

### II. Pre Elite qualification scores to the US Challenge

**Recommendation to accept the following qualification scores to the US Challenge.**

- Qualification scores
  - HOPES – 45.00 All Around
  - Junior Pre Elite – 48.00 All Around
  - Senior Pre Elite – 50.00 All Around
  - Scores can be attained from an Elite Regional Qualifier, a National Elite Qualifier (or National Team Training Camps – see Recommendation #3 below)

Motion: Jen Bundy

Second: Chris Burdette

PASSED

### III. Qualification scores from National Team and Developmental Training Camps

**Recommendation that Verification Scores from the National Team and Developmental Training camps can be used to qualify to the US Challenge.**

- Routines must be “full set” routines and on competition equipment
- Scores are retroactive from January 2006.

Motion: Toni Rand

Second: Greg LaFleur

PASSED

### IV. Elite/TOP calendar

The Committee reviewed the Elite/TOP calendar for the remainder of the 2006 season and noted a couple of changes:

- US Classic – Kansas City, MO hosted by Great American Gymnastics Express, July 28-30, 2006
- National Elite Program Committee Members were asked to make plans to attend the US Classic/Challenge in Kansas City for their annual meeting.
- National TOP Testing has been moved to September 22-24, 2006

### V. TOP Cast Handstand Test criteria

**Recommendation to accept the following TOP Cast Handstand Test criteria**

- **Test is performed on the low bar**
- **Athlete cannot use grips**
- **At least one skill cushion (in addition to the regular matting) must be placed under the low bar**
- **Coach can stand next to the low bar (for safety) but cannot spot the athlete**
- **7-8 year old – maximum 5 cast attempts (each properly executed cast handstand will receive 2 credits; same as the Press Handstand Test).**
- **9-11 year old – maximum 10 cast attempts (each properly executed cast handstand will receive 1 credit)**
- **Credit is given to only those properly executed cast handstands**
- **After the 5 or 10 cast attempts (depending on the age of the athlete) the test is over**
- **Athlete can only wait 2 seconds between casts**
- **No excessive pumping before the cast.**

- Once the hips leave the bar, it is considered as an attempted cast.
- Athlete may have one fall, however, she must immediately remount the bar (with NO rechalking) and CONTINUE her test. After a fall, the test does not start over
- The-test is over once there has been a second fall.
- A fall is defined as:
  - casting over the bar,
  - falling while returning to the bar
  - performing a back hip circle while returning to the bar.
- If an athlete completes a properly executed cast handstand and then falls, the cast will receive ½ credit.
- A properly executed cast handstand has:
  - Legs straight throughout the cast,
  - Arms straight once the hips leave the bar,
  - Body straight throughout the cast,
  - Attains a straight handstand position

Motion: Jen Bundy  
Second: Chris Burdette  
PASSED

**Meeting adjourned 2:20 p.m.**

Motion: Jen Bundy  
Second: Toni Rand