

All line items below are effective as of the date listed on the right column and do take precedence over any other previous version of each respective line item.

| TOPIC                         | LOCATION  | CHANGE DESCRIPTION   | EFFECTIVE DATE |
|-------------------------------|---|--|----------------|
| <b>Half Time WARM UP</b>      | R&P Section 8.03 (e)                            | Half Time warmup change for Levels 3 and 4<br><b>CHANGE:</b> from “Minimum of 10 minutes and a Maximum of 15 minutes on the competition floor to warm up for second half” <b>to 5 mins per team.</b>   | 3/15/22        |
| <b>General WARM UP</b>        | R&P Section 8.03 (e)                            | <b>ADD:</b> Warm up times may NOT be “blocked” or combined for clubs with multiple teams in the session. All teams must adhere to the specific schedule provided by the meet host.   | 3/15/22        |
| <b>COMPULSORY MEET FORMAT</b> | R&P Section 8.03 (e)                            | <b>REMOVE:</b> Compulsory Levels 1 & 2 will not have a half time in their session. All skills performed will have been warmed up and competed prior to Team Event. Judges require the Team to “mark” Team Event at the start of their Floor Timed Warmup, which should be utilized as their event touch. | 3/15/22        |
| <b>NEUTRAL DEDUCTIONS</b>     | COP Section 10. DEDUCTIONS Repetition Deduction | <b>CHANGE:</b> There will be a MAXIMUM Neutral Deduction of 1.0 per event for violation of the ATHLETE Repetition Rule.<br><br>Deductions will still be taken for SKILL REPETITION.<br><br>This change is effective for the 2021-22 Season ONLY.   | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>CHANGE:</b> ELEMENT NUMBER<br>Acro Element Chart<br>Element #565 Change to Element #567<br>3-3; R; SHD-CRDL; VER-HOZ; 1 FT; NO TWIST  | 3/15/22        |
| <b>TUMBLING ELEMENTS</b>      | COP Section 8. TUMBLING EVENT                   | <b>ADD:</b><br>FT RO BT<br>SV = 8.3  | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>ADD:</b> Ascending “A” - 2-2; R; GRD-SHD; VER-VER; 2FT<br>Element #20   | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>ADD:</b> Ascending “B”- 1-1; FC; GRD-SHD; VER-VER; 2 FT; TWIST<br>180<br>Element #125   | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>ADD:</b> Ascending “A”2-1; FC; GR-EXT; VER-VER; HSUP “I”<br>Element #10<br>Will be entered in chart directly following element #1   | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>ADD:</b> Ascending “A” 1-1; FC; GR-EXT; VER-VER; HSUP “I”<br>Element #11  | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>ADD:</b> Descending “A” 2-1; FC; EXT-GRD; VER-VER; HSUP “I”-2<br>FT; NO TWIST<br>Element #568   | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>ADD:</b><br>“B” Descending Element #675<br>3-3; R; EXT-BLW; VER-CRDL; 1 FT; NO TWIST  | 3/15/22        |
| <b>ACRO ELEMENT</b>           | COP Section 5. ACRO EVENT                       | <b>ADD:</b><br>“C” Ascending Element #216<br>2-2; R; H-F; GRD-SHD; VER-VER; 2FT  | 3/15/22        |
| <b>PYRAMID</b>                | COP Section 6. PYRAMID EVENT                    | <b>ADD:</b><br>SV = 9.0<br>HAND SUPPORT: PHS8  | 3/15/22        |

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|---------------------|------------------------------|---|--|
|                     |                              | Structure: 1.1.1 Prim Base – standing; Mid Base – shd sit arms ext overhead Entry: FC; SHD-PK; VER-VER HSUP "I"<br>Tossers: 2<br>Dismount: FC; PK-GRD; VER HSUP "I"-VER; TWIST 180<br>Catchers: 2 |  |
| <b>ACRO ELEMENT</b> | COP<br>Section 5. ACRO EVENT | <b>REMOVE DUPLICATE:</b><br>Ascending "C" Element #210<br>3-3; FC; GRD-EXT; VER-VER; 1 FT   |  |