



**USA GYMNASTICS®**

GYMNASTICS FOR ALL  
Power TeamGym  
Rules & Policies  
**Errata**  
**2016-2019**

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All line items below are effective as of the date listed on the right column and do take precedence over any other previous version of each respective line item.

TOPIC	LOCATION	CHANGE DESCRIPTION	EFFECTIVE DATE
<b>HUGS</b>	New program	Refer to the new HUGS Power TeamGym Guide	12/01/17
<b>HUGS</b>	Any reference in the R&P to “HUGS” “ADSN” or “Unified”	There is no longer a level 1 or 2 for HUGS or Unified. Any reference in the R&P to these two levels should be directed to the HUGS Power TeamGym Guide for current rules and guidelines. Anything not covered in the new document is still ruled by the current R&P.	12/01/17
<b>Landing</b>	Page 27 Landing Deductions	In levels 5 – 8: <b>.3 deduction for the last athlete not landing on the landing mat area for each tumbling pass.</b> For levels 9 & 10: <b>.3 deduction for every athlete not landing on the landing mat area for each tumbling pass.</b> Emphasis is on safely landing skills on the surface intended.	12/01/17
<b>Coach Attire</b>	Page 36 Coach Conduct	<b>Apparel or Dress Code violation deduction is -0.2 per individual or up to -1.0 for entire squad</b> will be enforced by a warning from the Meet Director and if not corrected, the appropriate deduction will be taken by the Head Judge or Meet Referee from the overall squad score.	12/01/17
<b>L1&amp;2 Vault Landing Mat</b>	Page 12	<b>Minimum of 24 inch height of landing mats for levels 2 and 3 Vault.</b> Firm stack (folding mats, spotting block, or trapezoid) should be placed on floor directly for stability with level 3 Flyspring skill. The firm stack should be at least 8 inches higher than the landing mat(s).	12/01/17
<b>Level 6 Jump Form</b>	Coaches Choice Compulsory	<b>Delete Coaches Choice Compulsory on Level 6 Jump Form.</b>	12/01/17
<b>Level 7 + Vault Deck</b>	Page 13 New addition	For Level 7 at multi-state invitational or higher and all Level 8 or higher competitions: a 20cm solid (and stable) deck is required under the vault table	
<b>Minimum # of Athletes</b>	Page 26 & 33	Number of athletes participating in a Jump pass or Floor Routine: <b>5 athletes = -1.0, 4 athletes = -2.0, 3 or less athletes = VOID</b>	12/01/17
<b>Awards</b>	Page 40	For levels 3 and above: Per Squad – minimum of 50% of squads/level Per Individual – Gold, Silver, Bronze only	12/01/17
<b>Meet Director Guide</b>	New Addition	The National GfA Committee will be adding a new guideline for GfA Meet Directors (coming soon).	
<b>Outside Equipment</b>	New Addition	<b>It is no longer available for clubs to bring any additional equipment to nationals.</b> Due to safety and the fact that all equipment provided by the Nationals Meet Host is approved by rule; individual clubs are no longer permitted to bring additional equipment.	12/01/17
<b>Athlete Salute</b>	Page 36	<b>The deduction for a squad beginning a jump pass without acknowledgement from the Head Judge has been increased to: - 1.0 and no bonus</b>	12/01/17

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<b>Coaches Meeting</b>	Page 38	Required line items for mandatory Coaches Meeting prior to timed warm-ups include: <ul style="list-style-type: none"> <li>• Introductions (Meet Director, Head Judge or Meet Referee, Coaches, Music and Medical Personnel)</li> <li>• Identify exits, restrooms, staging area, athlete seating and kneeling areas, medical station, hospitality area, spectator restrictions, awards area, and any other pertinent logistic issues.</li> <li>• Warmup rotation sheets</li> <li>• Sign in sheets</li> <li>• Music protocol</li> <li>• March in detail</li> <li>• Jump Form submission</li> <li>• Presentation / Salute Protocol / Judges Location</li> </ul>	12/01/17
<b>Vault Tramp Board</b>	Page 12	A manufactured vault tramp board is permitted for levels 1 – 3 and levels A & B vault.	12/01/17
<b>Coach Conduct</b>	Page 38 New Addition	For clarity, a separate flat deduction has been added for a Coach approaching a Judge during competition. <b>The deduction taken by the head judge from the final squad score is -1.0. The judge may give one warning or take the deduction upon first offense for a Coach approaching any acting Judge during a competition.</b> The chain of command for communication during competition is: <ol style="list-style-type: none"> <li>1. Parents and Athletes &gt; Coach</li> <li>2. Coach &gt; Meet Director or Meet Referee</li> <li>3. Meet Director or Meet Referee &gt; Head Judge</li> </ol>	12/01/17
<b>Kneeling Area</b>	New Addition	Every competition shall have a designated active athlete kneeling area for each (tumble, vault, mini tramp and floor). Preferred same spot for all. Each location shall be easily visible for the officials and not blocking competing athletes. Athletes should kneel prior to each event.	11/01/18
<b>Coaches designation</b>	New Addition	There will be a 1.0 Head Judge deduction for each incident where a coach designates something different from what the squad performs.	11/01/18
<b>Coaches spotting</b>	New Addition	It is highly recommended Coaches spot on the side opposite of the judges so they do not block the view. In some cases, there will be a deduction for blocking view if the judge determines execution errors were made. up to .3 deduction per incident.	11/01/18
<b>Level designation</b>	New Addition	Age or gender divisions <u>may</u> be adjusted at the discretion of the Meet Director in conjunction with the GfA National Technical Director. Proper notification will be given to all participating clubs 60 days prior to the event.	11/01/18
<b>Coaches Conduct</b>	New Addition	Refer to the Code of Ethical Conduct. <a href="https://usagym.org/pages/aboutus/pages/code_of_ethics.html">https://usagym.org/pages/aboutus/pages/code_of_ethics.html</a>	11/01/18
<b>Hierarchy</b>	New Addition	It is important for everyone to understand the reference for any rule is first and foremost the written R&P. Any discrepancy with any auxiliary forms or any other format shall be resolved with what is written in the R&P itself.	11/01/18
<b>Level 7 Jump Form</b>	Correction	Delete HS full off and Full on HS	11/01/18

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<b>Level 8 Jump Form</b>	New Addition	Add ½ on 1/1 off with 2.8SV	11/01/18
<b>Levels 1 &amp; 2 qualify</b>	Rule Change	For the 2019 season; Level 1 and Level 2 will not have a qualifying score. Instead, any level 1 or 2 squad that earns a Bronze award at a USA Gymnastics sanctions PTG event will automatically qualify for nationals.	11/01/18
<b><u>L2&amp;3</u> Vault Landing Mat</b>	Page 12 Correction to previous Errata	<b>Minimum of 24 inch height of landing mats for levels 2 and 3 Vault.</b> Firm stack (folding mats, spotting block, or trapezoid) should be placed on floor directly for stability with level 3 Flyspring skill. The firm stack should be at least 8 inches higher than the landing mat(s).	11/01/18
<b>Vault Tramp Board</b>	New Addition	The use of a manufactured tramp board is now allowed in levels 4 – 6 (in addition to levels 1 – 3 and A&B). It is not mandatory.	11/01/18
<b>Vault Mini Tramp</b>	New Addition	The use of a mini tramp for vaulting is now available as an option in level 6. The use of a spring board is still allowed. If mini tramp is used in level 6, the vault table must be set to a minimum of 120cm.	11/01/18