



WOMENS ARTISTIC

MISSION

1. To offer a competitive women's artistic gymnastics program for athletes with special needs
2. To grow the sport of artistic gymnastics by creating a program that integrates athletes with special needs into mainstream events

PHILOSOPHY

The HUGS Artistic program allows athletes with special needs the opportunity to compete in an official USA Gymnastics setting.

The HUGS Artistic program allows an option for athletes to participate alongside artistic gymnasts. The expectations are that the fundamentals of the sport are to be taught and performed, and will be evaluated with the technical standards of artistic gymnastics.

BASIC PARTICIPATION INFORMATION

- Athletes must have a current USA Gymnastics Introductory membership.
- Coaches must be a USA Gymnastics professional members.
- HUGS competition can be included in any session of USA Gymnastics sanctioned meets.
- The rules are designed so that athletes can compete using the current routines and requirements of Special Olympics Artistic Gymnastics.
- At any level, athletes may perform the Special Olympics routines or optional choreography.
- Athletes may participate in All-Around, or specialize in 1-3 events.

PARTICIPATION LEVELS

HUGS Artistic will include 3 levels of competition. Routine requirements, allowable skills, and judge's guidelines are listed in a separate document.

- SAPPHIRE
- RUBY
- EMERALD

AWARDS

Awards will follow USA Gymnastics guidelines. Additional awards may be presented at the discretion of the Meet Director.