



Friday, June 24th

9:00am *Equipment Familiarization Power TeamGym Level 7 (Stretching Area Opens at 8:45)*

**Each squad will have a designated five-minute time on floor, other areas will be shared*

9:05 Baystate Aces

9:10 GymTrix Nova

9:15 Showcase Purple Amigos

9:20 Fliptastic Valkyries

9:25 LaJolla Obsession

9:55 Clear the Gym

10:00am *Equipment Familiarization Power TeamGym Level 6,8,10 (Stretching Area Opens at 9:45)*

**Each squad will have a designated five-minute time on floor, other areas will be shared*

10:05 Biron Velocity

10:10 Showcase The Purple

10:15 Showcase The Phoenix

10:20 Kennedy Junior

10:25 Kennedy Senior

10:55 Clear the Gym

11:00 am *Equipment Familiarization Power TeamGym Level 5 (Stretching Area Opens at 10:45am)*

**Each squad will have a designated five-minute time on floor, other areas will be shared*

11:05 Baystate Fury

11:10 GymTrix Voltage

11:15 Showcase Nightlock

11:45 Clear the Gym

12:00 noon *Equipment Familiarization Power TeamGym Level 3 (Stretching Area Opens at 11:45am)*

**Each squad will have a designated five-minute time on floor, other areas will be shared*

12:05 Aurora Midnight Lights

12:10 Biron Vortex

12:15 Broderick Lilac Dragons

12:20 GymTrix Velocity

12:25 Showcase Purple Perfection

12:30 Fliptastic Pegasas

12:35 Classic NC Synergy

12:40 Fliptastic Dragons

1:10 Clear the Gym

1:00pm Gym for Life Challenge/GymFest Rehearsal (Stretching Opens at 12:45)

**Each club will have a designated seven-minute time on the floor*

1:00 Birons

1:07 GymTriX

1:14 Showcase GymFest

1:21 Showcase GFL

1:28 Aurora

1:35 Viking

1:42 La Jolla YMCA

1:50 Clear the Gym

1:00 Acrobatics and Tumbling Equipment Familiarization (Stretching Are Open at 12:45pm)

1:00 ZGGA Rain

1:10 ZGGA Thunder

1:20 ZGGA Storm

1:30 Victory Gain Squad

1:40 Power Athletics Electric Rays

1:50 Power Athletics Lady Lightning

2:00 On the Flipside

2:10 Showcase Nightshade

2:20 Showcase Purple Thunder

3:00 Clear the Gym

2:00 Equipment Familiarization Power TeamGym Level 1, 2 (Stretching Area Opens at 1:45pm)

**Each squad will have a designated five-minute time on floor, other areas will be shared*

2:05 Viking Supernovas

2:10 Viking Rock and Rollers

2:15 Fliptastic Sprites

2:20 Biron Vision

2:45 Clear the Gym

3:00 Equipment Familiarization Power TeamGym Level 4 (Stretching Area Opens at 2:45pm)

**Each squad will have a designated five-minute time on floor, other areas will be shared*

3:05 Broderick Violet Ambition

3:10 GymTriX Catalyst

3:15 Showcase Purple Lightning

3:20 Fliptastic Sirens

3:25 La Jolla Envy

3:55 Clear the Gym

4:30pm Opening Ceremonies Rehearsal (All Participants and Coaches, closed to spectators)

5:30pm Warmup for GymFest Performances Backstage

5:45pm Doors Open for Spectators

6:00pm Opening Ceremonies and GymFest