

Acrobatics and Tumbling Development Program
Level 1 and 2

12:15 Open Stretch	
12:40 Warmup (10 min per team)	On the Flipside Dynasty Showcase Purple Thunder ZGGA Rain
1:15 March In	On the Flipside Dynasty Showcase Purple Thunder Zero Gravity Gymnastics Academy Rain
Event 1: Compulsory ACRO PYRAMID TOSS TUMBLING	On the Flipside Dynasty Showcase Purple Thunder ZGGA Rain
Half Time (5 min per team)	On the Flipside Dynasty Showcase Purple Thunder ZGGA Rain
Event 2: Team Event	On the Flipside Dynasty Showcase Purple Thunder ZGGA Rain