

**INDIVIDUAL EXERCISE**

**EXECUTION (E)**



NF	№ Gymnast		№ Judge		Date					
Artistic Faults			Penalty							
<b>Guiding idea: Character:</b> <i>style and character of movements reflect character of music; guiding idea is developed</i>	0.10		0.30		0.50					
<b>Connections:</b> <i>Logical, smooth transitions from one movement to the next</i>	0.10	0.20	0.30	0.40	0.50	0.60	0.70	0.80	0.90	1.00
<i>Lack of contact with the apparatus in the beginning and end (composition fault)/ Unjustified start position</i>			0.30							
<b>Rhythm:</b> <i>harmony between movements and musical accents, phrases, tempo</i>	0.10	0.20	0.30	0.40	0.50	0.60	0.70	0.80	0.90	1.00
<i>Absence of harmony between music-movement at the end of the exercise</i>					0.50					
<b>Dynamic Changes:</b> <i>energy, power, speed and intensity of movement corresponds to dynamic changes in music</i>		0.20								
<b>Body Expression</b>	0.10	0.20	0.30							
<b>Variety: directions</b>	0.10	0.20	0.30							
<b>Variety: levels, travelling</b>	0.10									
<b>Variety: apparatus elements</b>	0.10		0.30							
<b>Artistic Faults</b>										

Judge Signature \_\_\_\_\_