

Competition: _____

Gymnast: _____ No: _____



Level 6

Difficulty	Max 3.00 (FIG)	
5 Body Difficulties (0.1-0.2-0.3-0.4-0.5-0.6) (1 from each group +2 additional)		
Deductions: (- 0.30each)		
*Over maximum *Opposite leg – Min 2 *Missing/Additional Diff		
Total Difficulty	Max 3.00	

Competition: _____

Gymnast: _____ No: _____



Level 6

Difficulty	Max 3.00 (FIG)	
5 Body Difficulties (0.1-0.2-0.3-0.4-0.5-0.6) (1 from each group +2 additional)		
Deductions: (- 0.30each)		
*Over maximum *Opposite leg – Min 2 *Missing/Additional Diff		
Total Difficulty	Max 3.00	

Artistry – 0.20 each (Max 2.40)												
<input type="checkbox"/> 1 Series of rhythmic steps <input type="checkbox"/> Series of rhythmic steps (traveling) <input type="checkbox"/> Series of rhythmic steps (change direction) <input type="checkbox"/> 1 Body wave (forward) <input type="checkbox"/> 1 Body wave (backward) <input type="checkbox"/> 1 Body wave (side) <input type="checkbox"/> Variety in use of levels, traveling modalities, shapes of difficulties <input type="checkbox"/> Variety in rhythmic steps, directions of body movements <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety and use of floor area <input type="checkbox"/> Variety in speed (dynamism) <input type="checkbox"/> Logical transitions and connections												
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6	
Deductions:												
*Absence of harmony with music at end (-0.5) * Unjustified start (-0.3)												
Total Artistry						Max 4.00						

Artistry – 0.20 each (Max 2.40)												
<input type="checkbox"/> 1 Series of rhythmic steps <input type="checkbox"/> Series of rhythmic steps (traveling) <input type="checkbox"/> Series of rhythmic steps (change direction) <input type="checkbox"/> 1 Body wave (forward) <input type="checkbox"/> 1 Body wave (backward) <input type="checkbox"/> 1 Body wave (side) <input type="checkbox"/> Variety in use of levels, traveling modalities, shapes of difficulties <input type="checkbox"/> Variety in rhythmic steps, directions of body movements <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety and use of floor area <input type="checkbox"/> Variety in speed (dynamism) <input type="checkbox"/> Logical transitions and connections												
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6	
Deductions:												
*Absence of harmony with music at end (-0.5) * Unjustified start (-0.3)												
Total Artistry						Max 4.00						

Execution	Max 6.00	
------------------	-----------------	--

Execution	Max 6.00	
------------------	-----------------	--

Judge Signature: _____

Judge Signature: _____

Competition: _____

Gymnast: _____ No: _____



Level 6

U	O	●	!	P
---	---	---	---	---

Difficulty	Max 3.00 (FIG)	
5 Body Difficulties (0.1-0.2-0.3-0.4-0.5-0.6) (1 from each group +2 additional)		
Deductions: (- 0.30each) *Over maximum *Missing/Additional Diff.		
Total Difficulty	Max 3.00	

Apparatus Elements/Throws (Max 2.60) 10 Different Required Elements – See Table _____ X 0.20 _____										
Different Throws (0.20 each) 1 med. Throw with 1 criteria _____ 1 med. Catch with 1 criteria _____ 1 Large throw with rotation under _____										
Composition – 0.20 each (Max 1.00) <input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> Series of rhythmic steps with change of direction <input type="checkbox"/> Logical transitions and smooth connections <input type="checkbox"/> Variety on the use of levels, directions of movement and modalities of traveling <input type="checkbox"/> Variety and use of the entire floor area										
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
Expression					0.0	0.1	0.2	0.3	0.4	0.5
Deductions: *Absence of harmony with music at end (-0.5) *Lack of apparatus contact/Unjustified start (-0.3)										
Total Artistry					Max 5.00					

Execution	Max 6.00	
------------------	-----------------	--

Judge Signature: _____

Competition: _____

Gymnast: _____ No: _____



Level 6

U	O	●	!	P
---	---	---	---	---

Difficulty	Max 3.00 (FIG)	
5 Body Difficulties (0.1-0.2-0.3-0.4-0.5-0.6) (1 from each group +2 additional)		
Deductions: (- 0.30each) *Over maximum *Missing/Additional Diff.		
Total Difficulty	Max 3.00	

Apparatus Elements/Throws (Max 2.60) 10 Different Required Elements – See Table _____ X 0.20 _____										
Different Throws (0.20 each) 1 med. Throw with 1 criteria _____ 1 med. Catch with 1 criteria _____ 1 Large throw with rotation under _____										
Composition – 0.20 each (Max 1.00) <input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> Series of rhythmic steps with change of direction <input type="checkbox"/> Logical transitions and smooth connections <input type="checkbox"/> Variety on the use of levels, directions of movement and modalities of traveling <input type="checkbox"/> Variety and use of the entire floor area										
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
Expression					0.0	0.1	0.2	0.3	0.4	0.5
Deductions: *Absence of harmony with music at end (-0.5) *Lack of apparatus contact/Unjustified start (-0.3)										
Total Artistry					Max 5.00					

Execution	Max 6.00	
------------------	-----------------	--

Judge Signature: _____