

Competition: _____

Gymnast: _____ No: _____



Level 4
◊

Difficulty	Max 1.50 (FIG)	
5 Body Difficulties (0.1-0.2-0.3) (1 from each group +2 additional)		___ X 2= ___
Deductions: (- 0.30 each)		
*Over maximum *Opposite leg – Min 2 *Missing/Additional Diff.		
Total Difficulty	Max 3.00	

Artistry – 0.20 each (Max 1.40)												
<input type="checkbox"/> 1 Series of rhythmic steps <input type="checkbox"/> 1 Series of rhythmic steps with traveling <input type="checkbox"/> 1 Body wave (forward) <input type="checkbox"/> 1 Body wave (backward) <input type="checkbox"/> 2 Acros (isolated or in a row) <input type="checkbox"/> Variety in use of levels, directions, rhythmic steps, traveling modalities. <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk												
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6	
Deductions:												
*Absence of harmony with music at end (-0.5) *Unjustified start (-0.3)												
Total Artistry											Max 3.00	

Execution	Max 6.00	
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Judge Signature: _____

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Level 4
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Deductions:												
*Absence of harmony with music at end (-0.5) *Unjustified start (-0.3)												
Total Artistry											Max 3.00	

Execution	Max 6.00	
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Level 4

U	O	●	!	P
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Difficulty	Max 1.50 (FIG)	
5 Body Difficulties (0.1-0.2-0.3) (1 from each group +2 additional)		___ X 2= ___
Deductions: (- 0.30 each)		
*Over maximum *Missing/Additional Diff.		
Total Difficulty	Max 3.00	

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Level 4

U	O	●	!	P
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Difficulty	Max 1.50 (FIG)	
5 Body Difficulties (0.1-0.2-0.3) (1 from each group +2 additional)		___ X 2= ___
Deductions: (- 0.30 each)		
*Over maximum *Missing/Additional Diff.		
Total Difficulty	Max 3.00	

Required Apparatus Elements (Max 1.00)										
5 Required Elements _____ X 0.20 =										
Composition – 0.20 each (Max 0.80)										
<input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> Variety and use of floor area <input type="checkbox"/> Variety in use of levels, directions, rhythmic steps, traveling modalities										
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	
Expression				0.0	0.1	0.2	0.3	0.4		
Deductions:										
*Absence of harmony with music at end (-0.5) *Lack of apparatus contact/Unjustified start (-0.3)										
Total Artistry					Max 3.00					

Required Apparatus Elements (Max 1.00)										
5 Required Elements _____ X 0.20 =										
Composition – 0.20 each (Max 0.80)										
<input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> Variety and use of floor area <input type="checkbox"/> Variety in use of levels, directions, rhythmic steps, traveling modalities										
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	
Expression				0.0	0.1	0.2	0.3	0.4		
Deductions:										
*Absence of harmony with music at end (-0.5) *Lack of apparatus contact/Unjustified start (-0.3)										
Total Artistry					Max 3.00					

Execution	Max 6.00
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Judge Signature: _____

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