

Competition: _____

Gymnast: _____ No: _____



Level 3

Difficulty max 1.00 (FIG)	
5 Body Difficulties (0.1 & 0.2) (1 from each body group + 2 Additional)	_____ X 2= _____
Deductions: (- 0.30 each) *Over maximum *Opposite leg – Min 2 *Missing/Additional Diff	
Total Difficulty Max 2.00	

Artistry – 0.20 each (Max 1.40)												
<input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> Series of rhythmic steps <input type="checkbox"/> 1 Body wave <input type="checkbox"/> 1 Acro <input type="checkbox"/> 2 chaine turns on releve in a row <input type="checkbox"/> Variety in use of levels, directions, rhythmic steps, traveling modalities. <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk												
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6	
Deductions: *Absence of harmony with music at end (-0.5) * Unjustified start (-0.3)												
Total Artistry						Max 3.00						

Execution	Max 6.00	
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Judge Signature: _____

Competition: _____

Gymnast: _____ No: _____



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Total Artistry						Max 3.00						

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Level 3

U	O	●	!	P
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Difficulty	max 1.0 (FIG)	
5 Body Difficulties (0.1 & 0.2) (1 from each body group + 2 Additional)		_____ X 2= _____
Deductions: (-0.3 each) *Over maximum *Missing/Additional Diff.		
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Level 3

U	O	●	!	P
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Difficulty	max 1.0 (FIG)	
5 Body Difficulties (0.1 & 0.2) (1 from each body group + 2 Additional)		_____ X 2= _____
Deductions: (-0.3 each) *Over maximum *Missing/Additional Diff.		
Total Difficulty	Max 2.00	

Required Apparatus Elements (Max 1.00)										
5 Required Elements _____ X 0.20 =										
Composition – 0.20 each (Max 0.80)										
<input type="checkbox"/> Series of rhythmic steps										
<input type="checkbox"/> Series of rhythmic steps										
<input type="checkbox"/> Large traveling with handling										
<input type="checkbox"/> Variety in use of levels, directions, traveling modalities, rhythmic steps										
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	
Expression					0.0	0.1	0.2	0.3	0.4	
Deductions: *Absence of harmony with music at end (-0.5) *Lack of apparatus contact/Unjustified start (-0.3)										
Total Artistry					Max 3.00					

Required Apparatus Elements (Max 1.00)										
5 Required Elements _____ X 0.20 =										
Composition – 0.20 each (Max 0.80)										
<input type="checkbox"/> Series of rhythmic steps										
<input type="checkbox"/> Series of rhythmic steps										
<input type="checkbox"/> Large traveling with handling										
<input type="checkbox"/> Variety in use of levels, directions, traveling modalities, rhythmic steps										
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	
Expression					0.0	0.1	0.2	0.3	0.4	
Deductions: *Absence of harmony with music at end (-0.5) *Lack of apparatus contact/Unjustified start (-0.3)										
Total Artistry					Max 3.00					

Execution	Max 6.00	
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Judge Signature: _____

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