

Competition: _____

Group: _____



Advanced Group

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Difficulty	Max 3.00 (FIG)	
5 Body Difficulties (0.1, 0.2, 0.3, 0.4, 0.5, 0.6, 0.7, 0.8)		
6 Collaborations @ .50 each -1 must be with acro element (min. 1 gymnast)		
Total Difficulty Score (Max 6.00)		

Artistry – 0.20 each 3 Series of rhythmic steps 3 Different body waves Variety in rhythmic steps, directions of body movements Variety in use of levels, traveling modalities, shapes of difficulties Variety in collaborations Logical transitions & connections	Max 2.00	
Total Artistry	2.00 max	

Execution: Max 10.0	
Artistic Faults (penalty):	_____
Technical Faults (penalty):	_____
SCORE:	_____

Judge Signature: _____

Competition: _____

Group: _____



Advanced Group

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Advanced Group

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6 Collaborations @ 0.50each -1 must be with throw -1 must be multiple exchange -1 must be with acro element (min. 1 gymnast)		
4 Exchanges (by throw)@ 0.5 - 1 min 6m distance - 3 additional (different type)		
Total Difficulty Score (Max 8.00)		

5 Required Apparatus Elements (0.2 each): -Min 1 from each Fundamental technical group -2 must be on Difficulty	Max 1.00	
Composition – 0.20 each 1 Series of rhythmic steps 1 Series of rhythmic steps with traveling Variety in rhythmic steps, directions of body movements, use of level, modalities of travelling Variety in collaborations, shapes of difficulties Logical transitions & connections	Max 1.00	
Total Artistry	2.00 max	

Execution: Max 10.0	
Artistic Faults (penalty):	-----
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