

Competition: \_\_\_\_\_

Gymnast: \_\_\_\_\_ No: \_\_\_\_\_



<b>Level 4</b>			

<b>Body Difficulty -</b> <b>Max 1.5 (floor)/1.4 (apparatus)</b> 5 Body Difficulties (0.1-0.2-0.3) <b>Deductions: (- 0.30 each)</b> *Over maximum *Opposite leg *Missing/Additional Diff	
<b>Composition Difficulty –</b> <b>Max 1.5 (floor)/1.6 (apparatus)</b>	
<b>TOTAL DIFFICULTY – Max 3.0</b>	

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Gymnast: \_\_\_\_\_ No: \_\_\_\_\_



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<b>TOTAL DIFFICULTY – Max 3.0</b>	

<b>Artistic Execution (0.2 each)</b> <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety in Dance steps <input type="checkbox"/> Variety in directions of body movements, in the use of levels, modalities of travelling <input type="checkbox"/> Variety and use of the entire floor area <input type="checkbox"/> Variety in the speed and intensity during the whole exercise (dynamism) <input type="checkbox"/> Logical transitions and smooth connections between movements  <input type="checkbox"/> Variety in shapes of Body Difficulties (floor routines only) Or <input type="checkbox"/> Variety in the use of apparatus work (apparatus routines only)												
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6	
<b>Deductions:</b> *Absence of harmony with music at end (-0.5) * Unjustified start (-0.3)												
<b>Technical Faults (6.0 max)</b>						6.0 - _____ = _____						
<b>Total Execution</b>						<b>Max 9.00</b>						

<b>Artistic Execution (0.2 each)</b> <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety in Dance steps <input type="checkbox"/> Variety in directions of body movements, in the use of levels, modalities of travelling <input type="checkbox"/> Variety and use of the entire floor area <input type="checkbox"/> Variety in the speed and intensity during the whole exercise (dynamism) <input type="checkbox"/> Logical transitions and smooth connections between movements  <input type="checkbox"/> Variety in shapes of Body Difficulties (floor routines only) Or <input type="checkbox"/> Variety in the use of apparatus work (apparatus routines only)												
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Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6	
<b>Deductions:</b> *Absence of harmony with music at end (-0.5) * Unjustified start (-0.3)												
<b>Technical Faults (6.0 max)</b>						6.0 - _____ = _____						
<b>Total Execution</b>						<b>Max 9.00</b>						

Judge Signature: \_\_\_\_\_

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