



USA GYMNASTICS®

PRE-TEAM & LEVELS 1-4 WOMEN'S ARTISTIC COACHES

MEMBERSHIP

Professional/Junior Professional Member

Membership Requirements

Background Check (Professional Members Only)

U100 Fundamentals of Gymnastics Instruction

U101 Safety and Risk Management

U110 U.S. Center for SafeSport Core Course

COURSEWORK

U200: Development Coaches Course-Sports Science

U301: Stewards of Children

U302: Recognizing and Responding

U205: Double-Goal Coach®: Culture, Practices, and Games

T200: Trampoline & Tumbling Development Coaches Course

W200: Developmental Coaches Course-Hands on Training (Live)

**Concussion Education-

USA Gymnastics offers CDC and NFHS Concussion Courses free of charge

W202: Women's Meet Director Course

U310: Regional Congress

U410: National Congress

J205: Honoring the Game: The Official's Role in Creating a Positive Youth Sports Culture

NEXT STEP: Level 5-7 Coach

U305: Double-Goal Coach®: Developing Triple-Impact Competitors

U310: Regional Congress

W300: Women's Junior Olympic Coaches Course (Live)

W315: Junior Olympic Regional Training Camp

U410: National Congress



For more information visit USAGymnasticsUniversity.org