USA Gymnastics COVID-19 Guidance for non-National Sanctioned Events, including State and Regional Competitions

USA Gymnastics priority in all event decisions is the safety and welfare of all participants. Many of the following recommendations rely on rules and regulations set forth by public health authorities, which are constantly changing and different across the country.

The entire community should remain fully aware of their individual and collective COVID-19 risks and assess their safety when deciding to attend a live in-person event.

USA Gymnastics highly recommends and encourages all sanctioned event participants and spectators to follow CDC guidelines throughout any USA Gymnastics sanctioned competition.

We remind event directors and clubs that sanctioned events are required to be conducted in a manner that is permitted by, and in compliance with, their local government guidelines.

Event Directors should communicate their specific event’s facial covering and social distancing protocols in pre-event and on-site communication. USA Gymnastics has developed signage and flyers to help meet directors with this communication. Click here to view.

Further, all event directors have the authority to enforce and require measures to provide participants with a safe event environment. Specifically, event directors have the authority to:

- remove and/or disqualify any participants, clubs, coaches, athletes, judges, other sanctioned event staff, and spectators who fail or refuse to comply with local ordinances, such as non-compliance of facial covering and/or social distancing mandates.
- eliminate and/or reduce the number of spectators to maintain the appropriate social distancing protocol. Event directors should communicate all restrictions clearly to all parents/guardians and seek creative solutions for parental viewing to comply with Safe Sport requirements, such as allowing one person from each club to live stream their athletes on a private club page and/or live streaming the entire event using a third-party vendor.
- Event Directors should communicate the required facial covering and social distancing protocols in both pre-event and on-site communication. USA Gymnastics recommends and highly encourages the use of facial coverings. Click here to view the Return to Competition Guidelines for other event considerations. USA Gymnastics has also developed signage and flyers to help directors meet on-site communication for face coverings and social distancing. Click here to view.

USA Gymnastics is excited that the community has resumed participation of in-person live competitions and are thankful for all the event directors due to keep participants safe.